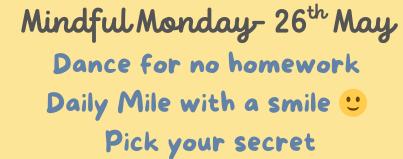
WELLNESS WEEK SCHEDULE



Wear your PE kit all week
Daily yard activities for every class
Yoga for PE
Lots of fun classroom activities to boost your wellness!



friend for the week

Thankful Tuesday- 27th May Daily Mile with a smile :



Daily Mile with a smile $\stackrel{\mbox{\sc U}}{}$ Gratitude activities Ice-cream van

Wellness Wednesday- 28th May

Daily Mile with a smile U
Wellbeing book reading
Try some new things to boost
your mood

Triumphant Thursday- 29th May

Rainbow dress up day
Daily Mile with a smile :
Reveal your secret friend

